# At a Glance: Avoid Poisoning Your dog

(Post on your refrigerator as a handy reminder)

#### The Top 5 Pet Toxins

(As of 2017)

#1

#### **Prescription & Over-the-Counter** Medications + Herbal & Natural **Supplements**

and

Acetaminophen/NSAIDs (Pain) ACE Inhibitors (High Blood Pressure)

ADD/ADHD #2 Antidepressants

Anxiety Relief/Sleep Aids

Beta-Blockers Birth Control Cholesterol Lowering Agents (Statins) Thyroid Hormones

#### Food

#3

Alcohol Artificial Sweeteners (Xylitol/Sorbitol) Avocado Bones (Cooked) Coffee Grounds

Dairy Fatty Foods, Fat & Grease

Garlic Grapes/Raisins Macadamia Nuts Mushrooms Onions Spoiled/Moldy Food

#4

# **Veterinary Products**

OTC vet joint supplements, prescription pain medications, de-wormers, etc. Poisonings typically happen because of how tasty these products are to encourage pets to eat them.

#5

#### Chocolate

The darker, the more toxic.

### **Remaining Top 5 Pet Toxins:**

Household Cleaning Products, Insecticides & Rodenticides, Plants & Seasonal Garden Products

Source: www.ASPCA.org

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# Client Business Spotlight My Buddy & Me Natural Pet Store



#### **Canine First Aid Basics**

Help! My dog has been poisoned!



No one ever thinks the unthinkable will happen to **their** dog. But the truth is that our dogs are very curious creatures and that can get them into

So as you're reading this article, take a moment to get prepared now!

- NEVER attempt to diagnose and/or self-treat a potential poisoning! The sooner your dog is diagnosed by a professional, the easier, less expensive and safer it will be to treat your dog.
- #2 Put the contact information of your vet, the local emergency pet hospital and local Animal Poison Center in your cell phone, post it on the refrigerator; and share with anyone who cares for your dog.
- Also keep these numbers handy:

Pet Poison Helpline: 855-764-7661 (\$59 fee) www.PetPoisonHelpline.com

**ASPCA Animal Poison Control:** 888-426-4435 (\$65 fee)

www.ASPCA.org/pet-care/Animal-poison-control



#### Sweet, Healthy goodness for Man's Best Friend

Just 4 ingredients and 30 minutes to bake!

#### Sweet Potato Fries for K9s

1 Sweet Potato

1 Teaspoon Coconut Oil (melted) Spices: Turmeric and Cinnamon

Preheat oven to 425° F.

Wash and peel the sweet potato. Cut into evenly-sized fry-shaped pieces.

Coat with oil and spices (mix in a large bowl or Ziploc

Place fries on baking sheet in one layer.

Bake for 15 minutes. Flip over and bake for another 10-15 minutes.

Completely cool before offering to your dog!

(Source: www.BeaglesAndBargains.com)

